

# 2019 CONFERENCE INVITATION

EDEN RESORT & SUITES | Lancaster | April 15th-16th



PENNSYLVANIA

CERTIFICATION BOARD

# ITINERARY

MONDAY, APRIL 15<sup>TH</sup> - TUESDAY, APRIL 16<sup>TH</sup>

**MONDAY,  
APRIL 15<sup>TH</sup>**

6:30am-8:00am

*Continental Breakfast  
Networking and Exhibits*

**PCB  
EXECUTIVE  
DIRECTOR  
ADDRESS**

8:00am-8:45am

**SPEAKER**

Executive Director PCB:  
*Mary Jo Mather*

## **THE EVOLVING ADDICTION WORKFORCE: Our History and Our Future**

The addiction workforce is ever-evolving but at no other time in history has the pace with which change is occurring been as rapid as during the current environment. Drivers such as the Affordable Care Act, Parity, and the integration of behavioral health into physical health are creating more and more demand for substance use disorder professionals. Knowing our historical roots and how we began as a profession helps us to better understand how far we have come as a profession and how to better navigate where we go from here.

Strengthening the professional identity of the addiction workforce includes an understanding about federal issues that often trickle down to every state and impact how addiction professionals provide prevention, treatment, and recovery services. Knowing who the federal partners are and issues they are addressing can provide much needed background to why certain decisions are made in state and local communities. Come learn how far we have evolved as a field and the bright future that lies ahead.

# PANEL DISCUSSION

9:00am-10:30am

## THE PEER WORKFORCE: The Power of the Peer

### *Panel Discussants:*

*Ramon Cruz*, CPS | Peer Culture Initiative Specialist | DBHIDS

*Joan Erney*, J.D. | CEO | Community Behavioral Health

*Stephanie Hastings*, BA | Recovery Service Community Coordinator | Pro-A

*Brandee Izquierdo*, MPA, CPRS, RPS | Director of Advocacy and Outreach | Faces and Voices of Recovery

# BREAK & EXHIBITS

10:30am-11:00am

# MORNING SESSIONS

11:00am-1:30pm

## PEER SPECIALIST SUPERVISION: Utilizing a Trauma Informed Approach

*Don Altemus*, MS, CPS

Becoming a trauma informed provider requires knowledge of the many different types of trauma that impact the lives of people. Trauma informed practices support people who have experienced trauma and acknowledge that trauma survivors can be re-traumatized by well-intentioned providers lacking a thorough understanding of trauma care. Creating an understanding of trauma informed practices among peer support specialists is imperative to the support they in turn provide to program participants. And, although all peer specialists have experience with receiving services, not all have the benefit of services through a trauma informed approach. Peer support specialist staff hold a unique place on the treatment team and the most effective supervision of the Certified Peer Specialist utilizes a Trauma Informed Supervision approach. Modeling this approach in supervision, increases awareness of using this approach, increases the wellness of peer staff, increases the quality of services provided

and decreases staff burnout. Trauma informed supervision allows for collaboration and mentoring to occur between the peer specialist and the supervisor. The resulting relationship can foster strategies and methods to provide trauma informed care to the program participants. Combining the modalities of instruction, discussion and role play, this workshop will build an understanding of the collaborative partnership that effective supervision of peer specialists need both for the welfare of the peer staff and for the delivery of quality trauma informed care to program participants.

## UTILIZING GROUP THERAPY IN RELAPSE PREVENTION: An Interpersonal Approach

*Ford Brooks*, Ed.D, NCC, LPC, CADC

The treatment of alcohol and drug addiction in both inpatient and outpatient settings rely heavily on group therapy. The nature of the disease process and recovery from addiction necessitates information and education in order for clients to learn about their disorder. That said, group therapy utilizing interpersonal approaches and combining that with relapse prevention methods creates a very powerful and effective treatment. According to Yalom (2005), "Therapeutic change is an

enormously complex process and occurs through an intricate interplay of various human experiences, which I shall refer to as therapeutic factors” (p.1). In the course of this workshop we will review and generally discuss those therapeutic factors and how facilitators can exercise skills in group therapy to bring about those factors. The discussion of therapeutic factors in combination with relapse prevention methods will provide the workshop attendees with information to integrate the art of group therapy with contemporary approaches to relapse prevention. Pulling from Marlatt, Gorski and Brooks, relapse trigger identification and warning sign management within a group setting, creates an environment for peer exploration and support, brainstorming, and application. This dynamic workshop format is guided by a short Power Point, information dissemination, group case discussion and a demonstration.

## **DOES YOUR STRENGTHS-BASED PRACTICE HAVE LEGS?**

*Eileen Henry, Ed.D, MBA, MS, CRS*

What is meant by character strength? What makes a strengths-based practitioner? Why are character strengths important? Character strengths have been called the “backbone of Positive Psychology practice” and are proven one of the most efficient and effective paths to a life of greater health, happiness, success and fulfillment. Hundreds of scientific studies exist linking character strengths such as creativity, love, zest and bravery with positive outcomes including enhanced well-being, happiness, positive emotions, engagement, relationship intimacy, meaning and achievement. Through character strengths interventions, the daily expressions of positive emotions compound over time to develop in the individual a wealth of personal resources that are far reaching. Proven character strengths interventions include: Strengths Spotting; Using Signature Strengths in New Ways; Three Funny Things; Gratitude Visit; and Counting Kindness. Although such revolutionary evidence-based strengths interventions are increasingly used in education, business, healthcare, coaching, counseling, parenting and personal development, they remain an untapped but essential resource in recovery support services and pathways to recovery. By intentionally and scientifically tapping into you and your clients character strengths, a client’s potential for personal

transformation and greater flourishing can be optimized during the recovery process. Using a cutting-edge scientific approach will put “legs” under your strengths-based practice. You will leave this thought and hope provoking presentation more confident, comfortable and competent working with unique character strengths.

## **ALTERNATIVE TREATMENTS FOR DEPRESSION AND ANXIETY**

*Craig Strickland, PhD*

The primary goal of this workshop is to explore non-pharmaceutical treatment of depression and anxiety. The number of people looking for non-pharmaceutical interventions is increasing in both the psychiatric and addiction fields. One need look no further than the desire to decrease benzodiazepine use. Treatments to be discussed include herbal and amino acid substances as well vagal nerve stimulation. By the end of the workshop attendees will be able to list three herbal alternative treatments used to treat depression, describe the mechanism by which some amino acids work in the brain, summarize the effects of using vagal nerve stimulation for depression treatment and list alternatives to benzodiazepines to treat anxiety.

# CONFERENCE LUNCHEON

1:30pm–3:00pm

# AFTERNOON SESSIONS

3:00pm–5:30pm

## CRITICAL ANALYSIS: A Closer Look at the Current Recovery Landscape

*Erich Curnow, BA, CCDP, CRS*

Do we as professionals critically examine the systemic and behavioral healthcare elements that influence our clients in the work we do? This training will critically analyze current treatment best practices as well as common intervention strategies that may benefit from further scrutiny. We will explore some of the failures as well as the successes of current and developing treatment strategies. We will discuss and examine practices that influence the current opioid epidemic, treatment service gaps, breakdowns and disconnects, mental health “fixes”, and societal and political trends that influence addiction treatment. At the end of this thought-provoking

exploration, participants will be able to channel their individual and collective energies to better serve those struggling with addiction. Participants will be able to think more critically about the barriers we face as professionals and those relevant to the populations we serve. We will explore the current paradigm/approach and discover ways to tap individual and collective energies to move toward a better approach, one that will shift perspective and better serve those in Pennsylvania struggling with substance use disorders.

## THE COST OF CARING: Compassion Fatigue and Burnout in the Profession

*Marcelle Giovannetti, MS, NCC, CADC, LPC*

This session will help participants identify the signs and symptoms of compassion fatigue and burnout in the profession, along with strategies to assess and prevent burnout. Participants will learn how to identify the process of secondary traumatic stress and how professionals may

become gradually symptomatic when working with traumatized and clients steeped in pain and suffering. Participants will also learn to recognize key resiliency skills for the prevention of compassion fatigue and how to implement these skills toward the prevention of negative work-related effects.

### *Goals & Objectives:*

- Participants will learn how to identify the process of secondary traumatic stress and its impacts.
- Participants will learn to recognize 5 key resiliency skills for the prevention of compassion fatigue and how to implement these skills toward the prevention of negative work-related effects.
- Participants will learn how to utilize self-care inventories to assess their own wellness.

*This training will fulfill 2.5 hours of Ethics*

## **KARMA:** How Teaching and Counseling in the Kingdom of Bhutan Can Inform Counselors in Pennsylvania

*Kurt Kraus, Ed.D, NCC, ACS, LPC*

*Ford Brooks, Ed.D, NCC, LPC, CADC*

Karma is the Buddhist equivalent of “reaping what we sow” and its complex notion of merits (worthy deeds) and demerits (the stuff that lands you in hell), present an incredible and indelible frame of reference for working with people with mental health challenges including substance use disorders. Both presenters have lived and worked in the Kingdom of Bhutan,

as teachers, as counselors, and impassioned learners about eastern Himalayan people and their cultures. In this presentation Kurt and Ford will offer insights, provoke cultural dissonance, elicit doubt and confidence, and help participants to understand how any and all of this matters in the daily work we do as counselors in the Commonwealth.

### *Primary Objectives*

- Understand how “Bhutanese (primarily Buddhist) culture” influences the conception of disease and disorder.
- Compare and contrast “American (primarily Judeo-Christian) culture” with “Bhutanese culture.”
- Develop a deeper appreciation/ value for the role of culture in assessment and treatment with daily clients.

*Intermediate/Advanced Training*

## **UP IN SMOKE, DAZED AND CONFUSED:** What’s Up with Weed in Pennsylvania

*Martha Thompson, PsyD, CAADC*

Jump on the Pineapple Express as we explore the policies and attitudes surrounding Marijuana in Pennsylvania today. This training will not leave you Half Baked as we look at the pros and cons of both medical and recreational marijuana. It may feel like Fast Times at Ridgemont High as Pennsylvania has moved quickly into the marijuana scene. The Dude will help us evaluate and explore the research being conducted around medical treatments, agency policies and what the future may bring.

**DINNER**  
On Your Own

**TUESDAY,  
APRIL 16<sup>TH</sup>**

**6:30am–8:00am**

*Continental Breakfast  
Networking and Exhibits*

**PANEL  
DISCUSSION**

**8:00am–9:30am**

**NOTES FROM THE FIELD:** A discussion about the changing environment, accomplishments and current and past challenges of the addiction field from those who have “boots on the ground” experience for decades.

***Panel Discussants:***

*Thomas Deitzler, CADC, CCDP, CCJP, CCS, CIP* | Advisor to the COO | EVP of Treatment | Caron Treatment Centers

*Beverly J. Haberle, MHS, LPC, CAADC, CIP* | Executive Director | The Council of Southeast Pennsylvania, Inc.

*William P. Milchak, LCSW, CADC, CCDPD* | Addictions Consultant | Department of Psychiatry, Penn State College of Medicine

**BREAK &  
EXHIBITS**

**9:30am–10:00am**

**MORNING  
SESSIONS**

**10:00am–12:30pm**

**IT TAKES  
A VILLAGE:**  
Best Practices  
in Treating Teens  
with Substance  
Use Disorders

*Erin Goodhart, LPC, CAADC, CCS, CSAT*

*Heather Hafer, MA, CAAP*

Treating teens on an outpatient basis level of care is not as simple as addressing their mental health needs and substance use in silos. There needs to be a hybridization of treatment specifically designed to address the unique biological, psychological and social factors of teens living in today’s world. Our own willingness to challenge our assumptions and understand the unique role families, primary care physicians, schools and the legal system play is pivotal in the successful treatment of teens. Setting teens and their families up for long term success will be our key focus. Among the

objectives we will explore are: identifying substance abuse and behavioral health trends in teens, the continuum of substance abuse for teens and appropriate level of care recommendations, best practices of outpatient treatment, family integration into treatment and plans for long term treatment success and healthy relationships.

**IMPLEMENTING  
CULTURAL  
HUMILITY INTO  
TREATMENT FOR  
LATINOS WITH  
SUBSTANCE USE  
DISORDERS**

*Alex Redcay, PhD, LCSW*

*Mayte Redcay, LCSW, CADC, SAP, CEAP*

This interactive training will provide an overview of cultural humility, acculturation, and multicultural intersectionality as a part of the engagement process. The main focus will be placed on providing culturally sensitive psychotherapeutic interventions to address behavioral change specific for Latino individuals with substance use disorders. Through videos, case scenarios, and small group discussion, participants will gain insight into cultural assumptions and learn helpful engagement strategies.

*Intermediate Level Training*

*This training will fulfill 2.5 hours of Ethics*

## RELAPSE PREVENTION IN PEER SUPPORT SERVICES

*Brad Schweitzer, BA, CADC, CIP, CRS*

When we look at the full context of what relapse is, we can see that relapse is a part of the recovery process, whether it is a mental, emotional, or behavioral relapse. In Peer Support Services, there is a unique opportunity to utilize learned knowledge and personal experience related to forms of relapse in a manner that help our peers move away from shame, guilt, and hopelessness, and towards seeing relapse as a valuable learning experience. To fully take advantage of this opportunity, peer specialists need to be cognizant of the dynamics related to each form of relapse and how to effectively support peers in each stage of relapse. The goal of this training is to better prepare peer specialists to engage and support peers who are experiencing stages of relapse and help them regain and maintain stability within their individual recovery processes. Training Objectives include: (1) Defining relapse in a manner that is inclusive of individuals with substance use disorders, mental health disorders, and their families. (2) Defining and exploring each stage of relapse and how we can support our peers in each stage. (3) Exploring components of effective Relapse Prevention Planning. (4) Exploring the multiple pathways to recovery and resources for individuals with substance use disorders, mental health disorders, and their families. The goals and objectives of this training will be presented and fulfilled didactically and experientially.

## ETHICS: Contemporary Quandaries and Quagmires

*Eric Webber, MA, CADC, CCS*

This training will address clinical ethical concerns with a brief review of the foundations of behavioral health ethics, then quickly move into current issues of self-disclosure, ethics of touch, ethics of modern technology, and ending with practical exercises of ethical decision making in reality-based vignettes. Among the objectives to be explored are: descriptions of current ethical issues relevant to counseling practice, and identification of personal ethical issues and how they impact current treatment protocols.

*This training will fulfill 2.5 hours of Ethics*

**CONFERENCE LUNCHEON**

12:30pm-1:30pm

**AFTERNOON SESSIONS**

1:30pm-4:00pm

## FOLLOW THE SCIENCE: A Template for Treating Addiction

*Jeb Bird, MPA, Sc, CAADC*

By 2000, NIDA in conjunction with the Brookhaven National Laboratory, medical research universities at Harvard, Yale and the University of Pennsylvania, and other independent researchers concluded that addiction is a neurobiological disease with the source being destabilization of the dopamine communication and reward network of the midbrain. Despite the increased knowledge about the source of addiction and the importance of medications to assist in the stabilization of a healthy dopamine tone (Hedonic tone), two thirds of the Substance Use Disorder treatment programs in the US continue to treat those with addiction absent of medications. A vast majority of the one-third of treatment programs that use medications don't combine substantial counseling services and where those are joined with medicine the service delivery is not well integrated. The model proposed in this workshop will describe an integrated treatment model in which physicians and counselors work collaboratively to help patients learn the source of their condition, practice symptom management and ongoing engagement through a chronic disease model approach that employs Motivational Interviewing, Cognitive Behavioral Interventions, Mindfulness, and Trauma Informed Care.



## USING THE INTEGRATIVE REFLECTIVE MODEL OF GROUP SUPERVISION IN ADDICTIONS COUNSELING

*Ryan Bowers, PhD, LPC, NCC, CAADC*

The Integrative Reflective Model (IRM) of Group Supervision is a clinical supervision approach that combines the use of the Discrimination Model of Supervision (Bernard, 1979; Bernard & Goodyear, 1992) and builds on the use of Reflecting Teams (Andersen, 1987) in clinical practice. The IRM model allows for supervisees to reflect on the conceptualization of clients and their systems, interventions used in clinical practice, and personalizations in the forms of transference and counter-transference clinicians experience in substance abuse/addiction clinical settings, while promoting the process of internalizing feedback in a non-threatening manner (Stinchfield, Hill, & Bowers, 2018; Stinchfield Hill, & Kleist, 2007). The key to this model of supervision rests in the feedback that is given to the clinician from his/her peers and how the feedback is received by the clinician. Administering group supervision using the IRM for peer support and clinical skill acquisition in group supervision can help to mitigate counselor burn-out, ineffective treatment, and help clinicians to become more effective counselors (Bowers, 2017). Presenting on this model of clinical supervision will meet the following objectives: 1.) Introduce a model of group supervision to addictions counseling to increase

self-awareness and clinical judgment, while promoting growth through exploring alternative treatment opinions, 2.) Teach individuals how to listen and accept clinical feedback about conceptualizations, interventions, and personalizations from their peers, 3.) Teach peers how to give constructive supervisory feedback to other clinicians, and 4.) Increase individual clinical acuity for treating individuals diagnosed with substance use disorders and /or co-occurring disorders by way of reflective feedback. The goal of the presentation is to provide a supervision model that is effective and needs little training to implement. The information will be presented in lecture format, a role-playing activity, and complete audience participation in the supervision model after the role play.

## CREATIVE GROUPS WITH MEMORABLE THERAPEUTIC IMPACT

*Marcelle Giovannetti, MS, NCC, CADC, LPC*

This session will utilize experiential learning to demonstrate creative and effective ideas for running drug and alcohol treatment groups. We will focus on how to engage group members in the treatment process, by using creative group activities and ideas. Participants will develop a general understanding of group dynamics, as well as key factors in group therapy facilitation. Participants will learn about contributing factors in successful group work, as well as walk away with concrete treatment group ideas and activities

that can be used to promote healing, accomplish treatment goals and support recovery.

## LET'S TALK ABOUT SEX AND RELATIONSHIPS IN RECOVERY

*Lauren Herbert, MS, LGPC, NCC*

*Colleen Herbert, MSW, LMSW*

Individuals are often given mixed messages about sex and relationships when starting the recovery process. "No relationships for twelve months", is a conventional message many clients hear throughout treatment. Coupled with a clinician's lack of comfort exploring sexual health may leave areas of vulnerability unaddressed and clients in a state of confusion. This training strives to enhance clinician's confidence and ability to broach sexual health and relationships while supporting clients through recovery. Presenters will offer exploration of an alternate framework of sexual health in recovery through lecture and experiential activities. Developing understanding of how a client's attitudes and values towards sex may help and hinder recovery bolsters success and strengthens the therapeutic relationship.

### *Learning Objectives*

- Improve clinician's confidence and ability to explore sexual health in recovery
- Exploring conventional vs alternate frameworks of sexual health in recovery
- Create understanding of how a client's attitudes and values towards sex may help or hinder recovery

# RESERVATION INFORMATION

## EXHIBITS OPEN

Monday 7:00am–5:30pm

Tuesday 7:00am–3:30pm

**\*Important Registration Information: Early registration will improve your ability to reserve a seat in all preferred workshops.**

## CONFERENCE LOCATION

Eden Resort & Suites  
222 Eden Road  
Lancaster PA 17601  
Phone: (717) 569-6444

## HOTEL RESERVATIONS

A block of rooms has been reserved at the Eden Resort & Suites at a special conference rate of **\$120.95** for a single room — **\$160.95** for multiple room suites per night. Reservations should be made by contacting the Eden Resort at (717) 569-6444 or (866) 801-6430 or online at <http://www.edenresort.com/> and must be made by **March 15th, 2019** to receive this special

rate. **Be sure to identify yourself as attending the Pennsylvania Certification Board Conference to receive this special room rate.**

*Check-in time is 3:00pm  
Check-out time is 11:00am*

## Welcome to the Eden Resort & Suites: A Best Western Premier Hotel in Lancaster PA

The hotel showcases 301 contemporary appointed guest rooms and suites nestled in the heart of Lancaster County, Pennsylvania. Centrally located to Amish attractions, outlet shopping and Dutch Wonderland, our resort boasts two award-winning restaurants (Garfield's & Arthurs) and a relaxing cocktail lounge. Outdoor and heated indoor pools, fitness center and much more at the Eden Resort make us one of the top Lancaster PA hotels. Why choose the Eden Resort and Suites over other hotels near Lancaster PA? It's simple: the Eden offers a large collection of unique and spacious guest room styles, unsurpassed on-site recreational facilities, all at an incredible value.

## GUEST ROOMS

*All guest rooms include:*

32" and/or 42" Flat panel HDTV's with 24 Hi Definition Channels, 24 digital channels, and in-room Hi Definition Pay Per View movies and entertainment system, Complimentary in-room safe, 2-two-line phones, with speakerphones, data ports and voice mail, Complimentary high speed wireless and wired internet services Refrigerator, microwave and coffee maker, Hair dryer and full-size ironing board and iron, Oversized work desk with "Smart Lamp" and ergonomic chair, Sitting area with comfortable chair

Our hotel offers full accessibility with many rooms located on ground level. Elevator service is also available between floors. Whether you're searching for hotels in Lancaster PA for business or pleasure, our new Suites fulfill all the needs of today's contemporary traveler. The hotel's two-room suites feature a hospitality center with a

refrigerator, microwave and coffee maker. Each room offers a large 32" and/or 42" flat panel television and luxurious furnishings. It is the perfect style of room to "sneak in a little business" between your recreation and relaxation.

## DINING

Eden Hotel and Suites has multiple dining options within the hotel

### Garfield's Food & Spirits

For a FUN, family-friendly atmosphere with an eclectic menu, Garfield's restaurant in Lancaster is the place to be.

*Open daily: 11:30am-10pm*

*Lunch buffet:*

*Mon-Sat 11:30am-2:00pm*

### Arthur's Terrace

Offers a truly FINE Lancaster dining experience in a casual atmosphere, featuring award-winning cuisine and Lancaster's #1 Prime Rib Buffet.

### Encore Lounge

Serves a light fare menu along with its full range of beers, wines and cocktails. Perfect for business or pleasure. Lancaster also has various quality dining options in town for those interested in getting to know the city better.

## REGISTRATION

The registration form should be completed and emailed, faxed, or mailed to:

Email: [info@pacertboard.org](mailto:info@pacertboard.org)

FAX: 717.540.4458

PCB, 298 S. Progress Avenue,  
Harrisburg, PA 17109

Payment must accompany each registration.

Confirmation letters and driving directions will be emailed for all registrations received up to 11 working days prior to the conference.

## CONFERENCE PRICE INCLUDES

*Monday and Tuesday*

*Continental Breakfast*

*Panel Discussions and PCB*

*Executive Director Address*

*Monday and Tuesday Workshops*

*Monday and Tuesday Luncheons*

*Registration will be open Monday,*

*April 15th from 7:00am to 3:00pm*

*and on Tuesday, April 16th from*

*7:00am to 2:00pm.*

## CANCELLATIONS/REFUNDS/CHANGES

Written refund requests, acceptable up to **10 working days** prior to the conference are subject to a **\$25 administrative fee**. Written substitute attendee requests, acceptable up to 10 days prior to the conference, are subject to a **\$25 administrative fee**. Payments on or after the conference date are subject to a **\$25 administrative fee**.

## CONTINUING EDUCATION

Certificates of attendance with earned continuing education hours will be emailed to all participants within 10 working days after the participant completes a brief on-line training evaluation for each workshop attended.

**13.75 continuing education hours will be awarded for attendance at the entire conference.**

# WORKSHOP SELECTIONS

Please Check Only One Workshop Within Each Training Session Period—All Workshops Are 2.5 Hours In Duration.  
Please Also Note Attendance Options For Executive Director Address And Panel Discussions On Monday And Tuesday.

## MONDAY, APRIL 15<sup>TH</sup>

### PCB EXECUTIVE DIRECTOR ADDRESS

8:00am-8:45am

The Evolving Addiction Workforce:  
Our History And Our Future

- I Will Attend
- I Will Not Attend

### PANEL DISCUSSION

9:00am-10:30am

The Peer Workforce:  
The Power Of The Peer

- I Will Attend
- I Will Not Attend

### MORNING WORKSHOPS

- Peer Specialist Supervision:  
Utilizing A Trauma Informed  
Approach
- Utilizing Group Therapy  
in Relapse Prevention:  
An Interpersonal Approach
- Does Your Strengths-Based  
Practice Have Legs?
- Alternative Treatments for  
Depression and Anxiety

### AFTERNOON WORKSHOPS

- Karma: How Teaching and  
Counseling in the Kingdom of  
Bhutan Can Inform Counselors  
in Pennsylvania
- Critical Analysis: A Closer  
Look at the Current Recovery  
Landscape
- The Cost of Caring:  
Compassion Fatigue and  
Burnout in the Profession
- Up in Smoke, Dazed and  
Confused: What's Up with  
Weed in Pennsylvania

## TUESDAY, APRIL 16<sup>TH</sup>

### PANEL DISCUSSION

8:00am-9:30am

Notes From The Field

- I Will Attend
- I Will Not Attend

### MORNING WORKSHOPS

- It Takes A Village: Best  
Practices in Treating Teens  
with Substance use Disorders
- Implementing Cultural  
Humility into Treatment  
for Latinos with Substance  
Use Disorders
- Relapse Prevention in  
Peer Support Services
- Ethics: Contemporary  
Quandaries and Quagmires

### AFTERNOON WORKSHOPS

- Follow the Science: A Template  
for Treating Addiction
- Using the Integrative Reflective  
Model of Group Supervision  
in Addictions Counseling
- Let's Talk About Sex &  
Relationships in Recovery
- Creative Groups with  
Memorable Therapeutic  
Impact

# REGISTRATION

Secure on-demand online conference registration is available now at [conference.pacertboard.org](http://conference.pacertboard.org)  
Payment Must Accompany Each Registration

**PCB** · 298 South Progress Avenue · Harrisburg, PA 17109-4626  
phone: (717) 540-4455 · fax: (717) 540-4458 · email: [info@pacertboard.org](mailto:info@pacertboard.org)

Please Print

Name.....

Address.....

City.....

State.....

Zip.....

Phone.....

Cell Phone.....

**Note: PCB will be using a text messaging system for our conference. Please include your number for special notifications and give-a-ways.**

Email.....

**Check Here To Receive Confirmation By Email.**

## CONFERENCE FEE SCHEDULE

\$200 Prior To March 1<sup>st</sup> Registration     \$225 After March 1<sup>st</sup> Registration

**METHOD OF PAYMENT**     Mastercard     Visa     Discover     Check Enclosed (*Payable To PCB*)

Card Number..... Exp. Date..... 3 Digit Code.....

Name On Card.....

## CANCELLATION/CHANGE POLICY

Written refund requests and written substitute attendee requests, acceptable 20 days prior to the conference, are subject to a \$25 administrative fee. Payments on or after the conference date are subject to a \$25 administrative fee.